

## FLEX TONGUE 16

The image displays six staves of musical notation, each consisting of five horizontal lines. The notation is written in a bass clef. The first staff is in common time (indicated by a 'C') and has a key signature of one flat (B-flat). The second staff is also in common time and has a key signature of one flat. The third staff is in common time and has a key signature of two sharps (F-sharp and C-sharp). The fourth staff is in common time and has a key signature of two sharps. The fifth staff is in common time and has a key signature of three flats (B-flat, E-flat, and A-flat). The sixth staff is in common time and has a key signature of three flats. Each staff features a continuous series of 16th notes. Above the first staff, there is a curved line spanning its length. Above the second staff, the text "NOT BREATH!" is written in a cursive font, with a small arrow pointing downwards towards the staff. The notation uses black stems for all notes.

- ・はじめはゆっくり正確に。
- ・舌の動きがスムーズになるまで反復。
- ・徐々にテンポをあげていく。

The image displays a sequence of six musical staves, each with a curved line above it indicating a melodic arc. The staves are arranged vertically, representing a continuous melodic line. The first two staves are in 6/8 time with a key signature of five flats. The next two staves are in 6/8 time with a key signature of one flat. The last two staves are in 6/8 time with a key signature of four sharps. The music consists of eighth-note patterns, with the third staff featuring a sixteenth-note pattern.